

PRESS KIT

The Tide-Turning Power of Hope

GOOD CATASTROPHE



BENJAMIN WINDLE

Millennial and Gen Z Specialist Provides Fresh Perspective on Facing Life's Challenges in New Book, 'Good Catastrophe'

Pastor Benjamin Windle Shares a Timely Message About the Tide-Turning Power of Hope

BLOOMINGTON, Minn, Feb. 6, 2023 — Offering a unique perspective on hope and adversity, Pastor Benjamin Windle uses the biblical story of Job as a relevant backdrop in his groundbreaking book, "Good Catastrophe: The Tide Turning Power of Hope," releasing April 18, 2023, from Bethany House, a division of Baker Publishing Group.

We live in a society where sources of hope are few and far between. Over the last two years, we have seen and experienced much turmoil and distress. It often seems like there is no escaping adversity, challenges and emotional upheaval.

"We need to rebrand hope. The era of everything in our lives fitting neatly in a box is done. That world is over," Windle states. "We need hope—but we need a hope that is robust enough to speak to real life. And cancer. And trauma. And loneliness. I discovered something remarkable. Not only should we have room for hardship—but hope can take our hardest moments and turn them into our greatest growth."

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"People are drowning," says Windle. "Mental health, cultural upheaval, financial stress, life surprises like sickness or loss... and that's to say nothing of the global landscape right now. We need a version of hope that works in our messy and complex lives. That's why the atypical perspective in this book is so transformative."

Windle illuminates a J. R. R. Tolkien term "eucatastrophe," which means "good catastrophe" to demonstrate that the greatest good comes from the greatest pain.

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PRESS RELEASE

“‘Good Catastrophes’ are dual events,” says Windle. “They are the turn that only God can make, where the challenges that almost broke you, brought you to your knees, covered your face in tears, have now become redemptive markers in your life that shaped your values, successes, and breakthroughs.”

Good Catastrophe is a blueprint for people to find their way out of pain. It includes how to deal with anxiety, depression, and the daily problems of life.

“I have 3 sons of my own”, shares Windle. “I can’t promise them a problem-free future. I wish I could. But, I’ve learned something even better. I can show them that hardship and hope together can do something for us that a problem-free life never could. And that’s what this book captures. It helps people see the redemptive hand of God in every storm, imperfection, and crises. Even the smallest measure of hope found in Jesus can carry people through their pain.”

“Good Catastrophe: The Tide-Turning Power of Hope” will be released on April 18, 2023. To learn more, visit <http://bakerpublishinggroup.com/books/good-catastrophe/413940>.

About Benjamin Windle

Benjamin Windle is an innovative and empathic author and speaker. As a pastor for over 20 years, he’s walked with many people through the dark shadows and valleys of the human experience. He has dedicated his life to helping people overcome life’s challenges by growing deeper in their faith and reaching higher in life. Benjamin is a new-generation content creator for some of the most respected Christian brands in the world. He is married to his high school sweetheart, Cindi, and they have three sons. For more about the author, go to benjaminwindle.com.

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AUTHOR BIO



Benjamin Windle is an innovative and empathic author, speaker, and Millennial/Gen Z specialist. As a pastor for over 20 years, he has walked with many through the dark shadows and valleys of the human experience. He has dedicated his life to helping people overcome life's challenges by growing deeper in their faith.

Windle is a new-generation content creator for some of the most respected Christian brands in the world. He has a Bachelor of Theology, an MBA from Deakin University, and Executive Education at Stanford University and the MIT Sloan School of Management. He and his wife, Cindi, have three sons.

Windle's academic expertise and grassroots experience in discipleship have shaped him into an influential writer and public speaker. He is passionate about helping churches reach the Millennial and Gen Z groups, offering them wise counsel and practical resources.

Windle and his family are based in both the U.S. and Australia. His work has been featured by the Barna Group, YouVersion, RightNow Media, and the Glorify App. For more about the author, go to benjaminwindle.com.

BOOK FACT SHEET

Title: "Good Catastrophe: The Tide-Turning Power of Hope"

Authors: Benjamin Windle

Publisher: Bethany House Publishers

Publication date: April 18, 2023

ISBN-10: 0764241168

ISBN-13: 978-0764241161

Synopsis: Unlock the Force of Hope in Life's Hardest Fights

Good Catastrophe is your blueprint for finding your way out of pain. It is an atypical, no holds barred message of redemptive hope that will breathe new sunshine into your soul.

Imagine the tide turning on your greatest challenges and problems. In a gritty and unique take on the story of Job, Benjamin Windle shows that flourishing does not come from a life devoid of loneliness, trauma, and anxiety. It's one lived with hope engineered for adversity.

Along with Job's story, he pulls from J. R. R. Tolkien's fascinating concept of "eucatastrophe," showing that your greatest good starts at your point of deepest pain. True hope is not hype. It's not pretending that everything is fine. Hardship, not perfection, is the starting point of hope.

Discover the secret to weathering life's storms, learn how to rise above daily imperfections, find out how to survive crises and come out better, and gain an ultimate perspective on every challenge you face in life.

Endorsements:

"Benjamin Windle writes with the grace of a poet, the knowledge of an oracle, and the devotion of a pilgrim. Join his vulnerable journey of counter-intuitive hope in the pages of Good Catastrophe and you will discover a joy that pierces your soul and brings you to tears. No cliches. No hype. No psychobabble. Just a breathtakingly honest and fresh perspective on an ancient and life-changing truth."

DRS. LES & LESLIE PARROTT

#1 *New York Times* bestselling authors of *Saving Your Marriage Before It Starts*

AUTHOR LINKS

Website Book Page: <https://www.goodcatastrophe.com>

Baker Publishing Group: <http://bakerpublishinggroup.com/books/good-catastrophe/413940>

Social Media:

Instagram: [@benjaminwindle](#)

Twitter: [@benwindle](#)

Facebook: <https://www.facebook.com/benjaminwindlepage>

SUGGESTED INTERVIEW QUESTIONS

- What inspired you to write this book?
- What makes "Good Catastrophe" different from other books about hope?
- You use the story of Job as a backdrop for this book. What unique lessons can we learn from his story?
- J. R. R. Tolkien coined the term "eucatastrophe," which you discuss in your book. What does this term mean and how does it apply to us today?
- Can you share more about your own "good catastrophe"?
- Why does God allow good people to experience pain and sorrow?
- In "Good Catastrophe" you explain that we need to redefine hope. Why is that and how should we define it?
- We oftentimes view hardship and adversity as an enemy to our happiness. Why do you believe this notion needs correcting?
- What do you want readers to understand about cliché hope?
- In the book, you mentioned the Grant and Glueck Harvard study, a 75-year study that examined the physical and emotional wellbeing of participants. What does it tell us about the human experience and the power of relationships?
- You mention that "hope needs human skin." Why do we need to change the narrative of hope from a solo value to a communal virtue?
- Why has the idea of living the "good life" set future generations up for failure?
- You mention that our society handles pain in all the wrong ways, such as addiction, suppression, avoidance, withdrawal, and isolation. How should we process our pain in a holy and healthy way?

SUGGESTED INTERVIEW QUESTIONS

- Why do Millennials need a new way to understand anxiety?
- How can Gen Z move from “generation fear” to “generation optimism”?
- Statistically, Gen Z is known as being the “loneliest generation.” How does “Good Catastrophe” address this problem?
- In the book, you uncover some definitive truths about hope. Can you share more about these?
- What are some key takeaways you want readers to remember from “Good Catastrophe”?
- Where can listeners connect with you and pick up their own copy of “Good Catastrophe”?